

Barangay Walang Iwanan
launched

O4

NEWS



GAD holds VAWC & Anti-Sexual
Harassment seminar

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NEWS feature



Not once, but twice! JRMSU bags Cheerdance crown

By Nica Marie Antiquina

With precision and balance, JRMSU Red Lions cheerdance squad won its second straight cheerdance competition title during the 11th *Dahunog sa Dipolog* Invitational Cheerdance Competition on October 3 at ZN Sports Complex, Dipolog City.

This is the second time the group was adjudged best squad beating seven contenders from various tertiary schools nationwide. They received a trophy and a cash prize of Php 10,000.

Coach Prof. Kevin Ray Amores emphasized that teamwork and dedication played an important part in their winning.

He added that "the pressure to retain the rank as the best squad in the city has challenged dancers all the more to surpass its performance last

year." He expressed his gratitude to trainer and group choreographer "Raven Padecio for the effort in bringing out the winning stunts."

The competition earned Saint Vincent's College Red Dragons the second place while RBT Pagadian landed third.

The activity is part of the city's festivity which aims to develop camaraderie, leadership and sportsmanship among the youth through music, cheerleading and dancing.

CHAMPIONS IN THEIR OWN RIGHT : JRMSU Red Lions perform their winning stunts that left students in awe after the flag raising ceremony, Monday, October 5.

Systemwide leadership training conducted

By Cindy Jane Advincula

Some 155 Supreme Student Government leaders participated in the systemwide leadership training aimed at strengthening accounting responsibilities at Barcelona Spring Farm, Dapitan City on August 14-15.

With the theme: "Promoting Accountable, Responsible and Transparent Governance: A Challenge in Driving Change Among Young Student Leaders", the training revolved on topics about Rationalizing

and Harmonizing the Systems, Processes and Practices of the Student Affairs and the Supreme Student Government Offices, Legal Concerns Affecting Students, Benchmarking the Laws of Leadership for Effective Governance, Preparation of Program of Expenditures and Cash Flow, as well as Issues and Concerns Affecting Students in the University.

The training was an eye-opener for student leaders



My Turn

Jannie Maris M. Turno

We only have eyes for you

The Commission on Election (COMELEC) has already set the campaign period for next year's poll starting on Feb. 9, 2015 and before that day comes the question would still remain of who will be the next president of the Republic of the Philippines.

As of press time, a total of 130 presidential hopefuls have already filed their Certificate of Candidacy (COC). That's a lot! A record breaker perhaps but a genuine sign of a vibrant democracy.

These candidates may come from different political parties, some even running independently but all of them have one thing in common. They all believe that they can best man the Philippines. Why not? This is a free country anyway but I definitely agree with Pres. Noy Aquino when he said that one should not run if one cannot fulfill his/her promises.

With the onset of social media and information revolution, candidates should tarry more on youth votes and be very cautious with irresponsible actions as youths these days are now much in tuned and aware of the issues and concerns of the country. Twitter and Facebook have now become youths rallying grounds.

As for every candidate seeking for national post, prove yourselves to be trustworthy leaders and radiate commendable actions because all of us are carefully watching you. We are keeping an eye on you!



Grapevine

Shem Villamor

That's not your box!

In 2014, the Philippine Overseas Employment Administration (POEA) noted 1.6 million Overseas Filipino Workers (OFW) and at this very moment it is increasing as you are reading this column.

One of the common things that OFWs sent to the Philippines are "Balik-Bayan" boxes. These are packages of personal 'pasalubongs' sent by Filipinos residing or working abroad to their families in the Philippines.

The issue of the Bureau of Customs' unwelcome inspection and opening of balikbayan boxes had sparked anger from OFWs themselves around the world. Is it really necessary what the BOC had done?

As a Filipino citizen and a student who too has relatives abroad, I think that respect is the keyword here. As they say, do not open what is not yours.

Before opening these boxes, the government should see to it that the owners are properly informed so as to avoid confusion and doubt. Issues like these should always be consulted first and aired to the people who will be directly affected such in this case the OFWs.

They should not forget that what is inside the box are products of hard earned money, sweat from the scorching heat of the sun from the desert, or of a tiresome day of domestic household chores.



Editorial

On the brighter side of the road towards ASEAN 2015

Many have vague ideas about what ASEAN 2015 is about how this affects the members of the ASEAN community.

ASEAN 2015, as commonly known, came from ASEAN Vision 2020 which was proposed on a summit in 1997. ASEAN 2015 is based on three pillar communities; political and security, economic, and socio-cultural. CHED, along with the Department of Education and the Technical Education and Skills Development Authority (TESDA) fall under the third pillar.

Jose Rizal Memorial State University, though still a young university, has showed its maturity of recognizing opportunity for development towards a greater future.

Evidence of this is the school year's academic calendar shift--a good sign that the university is willing to adopt changes to meet whatever needs to be met for the integration.

With the goal of marching hand in hand with other ASEAN countries, it is not surprising that our university has embraced as early as this year the Action Plan of ASEAN 2015 for Philippines Higher Education considering that there are still other institutions of higher education in the country, that are still stuck with the old academic calendar and are still in deliberation of changing it.

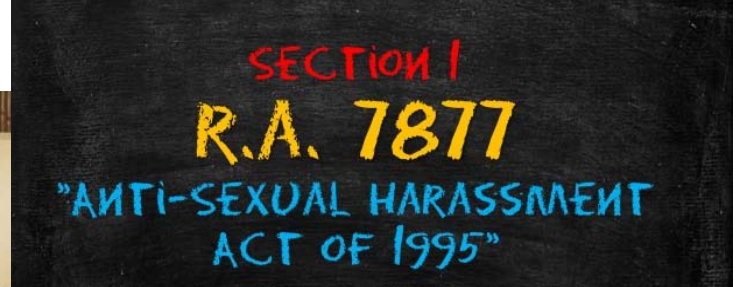
Philippines by the way, if not known by many, is the only member of the ASEAN that still adopts the June-March calendar until later last year when seven campuses of the University of the Philippines pilot test the shift.

For all its worth, the adaptation of the university of the status quo of ASEAN countries in terms of educational development deserves an applause. But, could the university sustain the requirements of the change? Can it really comply the necessities for the integration? Is it really ready or is it just a go-with-flow façade? With teamwork and perseverance from the administration and the faculty, JRMSU can soar to greater heights because it has shown its capabilities and willingness to compete with other higher educational institutions in the country.

It is a concrete mark of the university's confidence in giving quality education while embracing change that is ASEAN 2015 Integration.

GAD holds VAWC & Anti-Sexual Harassment seminar

By Kheysa Divinagracia &



Employees of JRMSU Dipolog were sent to a seminar on Anti-Sexual Harassment Act and Anti-Violence Against Women and their Children Act on August 5, 2015 at Bamboo Garden, Dipolog City.

The seminar aimed to inform the faculty and staff of the salient features of the laws and to value the dignity of others at all times.

Speaker Atty. Jerry N. Mayormita, Director II of the Civil Service Commission Zamboanga del Norte, emphasized that government employees caught sexually harassing anyone can be suspended or dismissed on government service or imprisonment.

Mayormita explained that sexual harassment "is any unwelcome sexual advances" that is not only restricted to physical behavior but also verbal that is of sexual in nature.

The seminar was organized by the Gender and Development Office headed by JRMSU System GAD Focal Person Ms. Regina Cinco with full support from campus GAD Focal Person Dr. Clarita D. Bidad.



Be Informed. Do not be a Victim!

Anti-Violence Against Women and Their Children Act (RA 9262)

What is Republic Act No. 9262?

RA 9262 is the Anti-Violence Against Women and Their Children Act of 2004. It seeks to address the prevalence of violence against women and children (VAWC), abuses on women and their children by their partners like:

Husband or ex-husband
Live-in partner or ex-live in partner
Boyfriend/girlfriend or ex-boyfriend/ex-girlfriend
Dating partner or ex-dating partner

The Act classifies violence against women and children (VAWC) as a public crime.

What is VAWC under the law?

It refers to "any act or a series of acts committed by any person against a woman who is his wife, former wife, or against a woman with whom the person has or had a sexual or dating relationship, or with whom he has a common child, or against her child whether legitimate or illegitimate, within or without the family abode, which result in or is likely to result in physical, sexual, psychological harm or suffering, or economic abuse including threats of such acts, battery, assault, coercion, harassment or arbitrary deprivation of liberty.

It includes, but is not limited to, the following acts:

Physical violence refers to acts that include bodily or physical harm;

Sexual violence refers to an act which is sexual in nature, committed against a woman or her child. It includes but is not limited to:

Rape, sexual harassment, acts of lasciviousness, treating a woman or her child as a sex object, making demeaning and sexually suggestive remarks, physically attacking the sexual parts of the victim's body, forcing her/him to watch obscene publications and indecent shows or forcing the woman or her child to do indecent acts and/or make films thereof, forcing the wife and mistress/lover to live in the conjugal home or sleep together in the same room with the abuser; Acts, causing or attempting to cause the victim to engage

in any sexual activity by force, threat of force, physical or other harm or threat of physical or other harm or coercion;

Prostituting the woman or her child.

Psychological violence refers to acts or omissions causing or likely to cause mental or emotional suffering of the victim such as but not limited to intimidation, harassment, stalking, damage to property, public ridicule or humiliation, repeated verbal abuse and marital infidelity. It includes causing or allowing the victim to witness the physical, sexual or psychological abuse of a member of the family to which the victim belongs, or to witness pornography in any form or to witness abusive injury to pets or to unlawful or unwanted deprivation of the right to custody and/or visitation of common children.

Economic abuse refers to acts that make or attempt to make a woman financially dependent. This includes but is not limited to the following:

Withdrawal of financial support or preventing the victim from engaging in any legitimate profession, occupation, business or activity, except in cases wherein the other spouse/partner objects on valid, serious and moral grounds as defined in Article 73 of the Family Code; Deprivation or threat of deprivation of financial resources and the right to the use and enjoyment of the conjugal, community or property owned in common; Destroying household property; Controlling the victim's own money or properties or solely controlling the conjugal money or properties.

Children are those below 18 years of age or those, regardless of age, who are incapable of taking care of themselves (as stated in Republic Act 7610). It includes the biological children of the victim and other children under her care. A dating relationship is one which has a romantic involvement. It means that a relationship existed between a woman and a partner who is abusive or has previously abused her, whether or not the relationship was formal.

Who gets protected under the law?

The law recognizes the unequal relations of a man and a woman in an abusive relationship where it is usually the woman who is disadvantaged. Thus, the law protects the woman and her children.

The victim, the child who is a minor (legitimate and illegitimate), and a person aged 18 years and beyond who doesn't have the ability to decide for herself/himself because of an emotional, physical and mental illness can make full use of the law.

Any child under the care of a woman is also protected under the law.

Barangay Walang Iwanan launched in Sicayab

By Stella Italia P. Pinna



Campus Community Extension Director Dr. Clarita D. Bidad emphasizes to beneficiaries the role of the university in extending community services.

Jose Rizal Memorial State University-Dipolog Campus through its community extension service program launched *Barangay Walang Iwanan* Program of the Gawad Kalinga Foundation Inc., on August 6, 2015, at Barangay Sicayab, Dipolog City.

The program aimed to develop culture of sharing and caring

among locals in the community and develop the value of volunteerism in eradicating poverty.

The local government unit of Sicayab as recipient of the program will be able to receive 12 programs for its non-working barangay folks and out-of-school youths.

It will benefit **Kusina ng Kalinga**, GK's flagship program to end hunger and malnutrition for children across Philippines; **Kalinga ng Kalikasan**, services that respond to the call of caring for the environment; **Kalinga ng Kalusugan**, building healthy communities through the training of its residents and supporting priority health needs; **Youth Development Program**, aimed to develop the skills and talents of the youth by inculcating values that bring out their full potential; **G.A.W.A.**, aimed to organize skilled and non-skilled workers from construction workers to linesmen-and prepares them for employment opportunities by building their character and skills; **GK Communities-Community Building Program**, which empowers GK communities to be self-reliant and sustainable by building up its people towards unity and self-governance; **Bayan-Anihan**, services that respond to eradicate hunger by establishing sustainable food sufficiency programs through Multi-Sectoral Partnership; **Balangay**, building of boats in coastal barangays and help establish livelihood programs of fisherfolks; **Sports Program**, aimed at organizing sports program designed for

poor communities; **Disaster Preparedness**, workshops on disaster management; **Mabuhay**, showcasing tourist destinations and unique beauty of the area and **Social Enterprise**, aimed in bringing sustainability for the community by harnessing residents for small to mid-scale enterprises.

According to Dr. Clarita D. Bidad, community extension director of Dipolog campus, locals will benefit voluntary assistance and support from instructors and experts in the university during the span of the 54-hour training.

Systemwide ...

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in executing leadership and responsibility in upholding their duties and obligations to the students.

Speakers involved Jay D. Telen, director of Student Affairs and Services; Hon. Judge Chad Martin Paler, RTC judge; Prof. Chona Marie Cultura – Cultura, seminar organizer; and Eder E. Cayongcong, CPA, accountant III of JRMSU system and former student regent.

The training was spearheaded by the various SSG advisers in the JRMSU system and deans of Student Affairs and Services.

“Like a gutter, this is the role of JRMSU in your barangay, ushering services directly into your hands,” she emphasized.

The community services will be delivered hand in hand with the four colleges in the campus namely: College of Arts and Science, College of Education, College of Engineering and Technology and College of Criminology.

The launching were participated in by the deans and community extension implementers of each college, beneficiaries as well as the Barangay Chairman Julius B. Gajonera, who expressed his gratitude for choosing his barangay to receive such services.

CETech extends ‘Kusina ng Kalinga’

By Knile Gumela

More than a hundred pre-school children are already benefiting the *Kalinga ng Kusina* program, a community extension service brought by the College of Engineering and Technology every Wednesday in Sicayab Elementary School, Brgy. Sicayab.

Thirteen Midwifery students track malnourished kids and provide nutritional feeding and later treated with educational activities.

Mr. Renato Ongi divulged that these students performed community service in the spirit of volunteerism, manifesting the essence camaraderie of its umbrella program Barangay Walang Iwanan

He is confident that with the extension service given by the college, children beneficiaries who are suffering from malnourishment will be able to gain weight

TV segment Review

#AIDub a hit for Filipinos worldwide

By Stella Italia P. Pinna

There's no denying that the whole country has gone gaga over the #AIDub fever. The kilig sensation that Alden Richards and Nicomaine Dei Mendoza known as "Yaya Dub" brings in their Kalyeserye has resulted to shattering new records in Twitter and local TV ratings.

The AIDub tandem broke Twitter's record last Sept. 19, 2015 by gathering 12 million tweets in a span of 24 hours. The #AIDubMostAwaitedDate was their fan's way of showing their excitement for their first date. But before the viewers witness their first date, Lola Nidora gave them tests that they both passed in flying colors, so much for the elation of the viewers inside the studio and those at home.

AIDub is a split-screen love team composed of Alden Richards a host of Eat Bulaga in GMA network and Nicomaine Dei Mendoza as "Yaya Dub", for the segment "Juan For All, All for Juan", an outdoor scene. The love story started last July 16.

Yaya Dub, was a nanny of Lola Nidora, played by co-host Wally Bayola. The trending love team started as a happy accident. It was born from the moment where an Eat Bulaga found out that Yaya dub had a huge crush n Alden. One day, they put Alden in front row and while Yaya Dub was doing her dubsmash, the camera was then focused on Alden's face, much to her surprise, Yaya Dub blushed and was shocked seeing Alden waving at her, with his "Pabebe Wave". And thus born the "AIDub" love team.

Even on weekdays, the AIDub trends worldwide in Twitter with an average of 12 million tweets per episode. Their love team brought back the Filipino traditional ways of courting. It teaches valuable lessons too. "Sa tamang panahon", translated to "in the right time", is Lola Nidora's constant reminder for Alden and Yaya dub to patiently wait until they can finally be with each other. The striking statements of Lola Nidora in the show are undoubtedly fitting lessons and reminders for today's youth specifically those who are too aggressive when dealing with the matters of the heart.

The pambansang kiligserye is not just about the dreamy type of love. It forms values into every episode that can also be applied to real life struggles. Things that can be learned from #AIDub are the willingness to adapt life situations, listen, appreciate, preserve, persevere, honesty and patience.

For sure, followers of Alden Richards and Maine "Yaya Dub" will be constantly updated on what will happen next in the show. Will they be just a loveteam or will be a couple



for real. The AIDub kalyeserye mirrors life's unexpected challenges. Who would have thought that a simple smile and pabebe wave would develop into a romantic whirl? As what they say, if you really want something, you've got to work hard for it. Everything will fall into place #SaTamangPanahon.

Dimasalang participates MinBizCon 2015

By Amirah B. Rambit

Showcasing world-class talents, the Dimasalang Talents Guild of Jose Rizal Memorial State University-Dipolog Campus has yet again stood as favored performers in the 24th Mindanao Business Conference on September 2 to 4, 2015 at the Zamboanga del Norte Convention Center, Dipolog City.

Dipolog Chamber of Commerce and Industry (DCCI) president Atty. Paul Gudmalin expressed his gratitude to JRMSU for an outstanding performance during the confab, noting on the positive remarks gathered from his colleagues.

The guild showed off their skills in various production numbers performed by the

Dimasalang Choristers, dance troupes and the newly created acoustic band.

Socio-Cultural Director Prof. Venus Dalman also prided the guild's rondalla, an ensemble of stringed instruments which played the song "Tagumpay nating Lahat" as Department of Interior and Local Government (DILG) and Presidentiable aspirant Mar Roxas, marched on the red carpet as invited guest during the conference.

MinBizCon is an annual affair of the Philippine Chamber of Commerce and Industry that gathers businessmen in Mindanao to embark resolutions to business concerns and issues in the area.



DREAMING BIG: JRMSU Red Lions flaunting the trophy and cash prize with coach Kevin Ray Amores (blue shirt) and choreographer Raven Padecio (white and yellow shirt.)

Students join Alay-Lakad Takbo 2015

By Janine Turno

Students of Jose Rizal Memorial State University (JRMSU) Dipolog gathered as early as 3 o'clock in the morning to be one with the whole community and join the *Alay-Lakad Takbo* 2015 last September 27.

JRMSU contingent was spearheaded by its Supreme Student Government (SSG) President Juner Aranguez together with the faculty and students who took part in the foot parade that started from National Highway of Sta. Isabel and ended at Dipolog City Sports Complex in Barangay Olingan.

This annual feat organized by the city government of Dipolog does not only gather participants but also amass financial assistance from government and private entities, as well as philanthropists to help fund its scholarship program.

City Mayor Evelyn T. Uy, in her speech, challenged Alay-Lakad scholars to impress their benefactors by studying hard and finishing their studies.

It was later announced in the closing program that JRMSU got the Biggest and Jolliest contingent award while Dimasalang Talents Guild bagged the Most Colorful Group.



Editor-in-chief Traci Queen Barbara Alpuerto
Associate Editor Arthur Willson Sumatra

News Writers Knile Gumela, Stella Italia Pinna, Dhebie Tizon, Shem Villamor, Christian Buhisan, John Mark Legados, Joseph Barte, Amirah B. Rambit, Rochel M. Tagalog, Nica Antiquina, Cindy Jane Advincula, Kier Melchor Buladaco, Isabela Denise O. Endrina, Geraldin Palliga

Feature Writer Kheysa Divinagracia
Photographer Janine Turno
Layout Artist May Luna Azucenas
Cartoonist Welly Dalman

Advisers

Ms. Pretty Abegail C. Pacilan
THE STATE COLLEGIAN

Ms. Ma. Estela A. Sescon
ANG BAGONG PANANAW

Consultants

Prof. Felipe Pialago
Dean, Students Affairs and Services

Dr. Nenfa R. Taub
Campus Administrator

Dr. Edgar S. Balbuena
President, JRMSU

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COLLEGE

Aquaintance Parties

EDUCATION By Geraldin Palliga

With the theme "Education: "An Enormous Mirror reflecting the Myriad Colors of Modern and Social Life," education students celebrated their acquaintance party with a bang.

Its opening program was graced by keynote speaker Education Program Supervisor Dr. Vicente Jose Suarez III.

New student leaders in the college also took their oath of responsibility spearheaded by College Governor Gerson D. Cajocon. As way of fellowship, students later participate in various parlor games.

College dean Dr. Luz Sy expressed gratitude for the active participation of instructors in the college during the affair.

CRIMINOLOGY By Dhebie Tizon

Criminology students opened their celebration with a motorcade on September 23, 2015, spearheaded by college Governor Jerish Dave Englis.

College dean Marvin Recapente formally opened the celebration with theme "Nurturing Quality Education in Preparation for ASEAN Integration. Among who graced in the event was Campus Administrator Nenfa Taub who stressed to students in her inspirational message that "men who succeed in life are those who take the risk of standing by their convictions.

Students were later entertained with the college's annual Miss False Gay competition where senior student Reynan Mandate emerged as winner.

ARTS AND SCIENCES

By Rochelle Tagalog

Despite the heavy downpour, the college successfully held its acquaintance party spearheaded by college Dean Dr. Clarita D. Bidad, on September 11.

The affair kicked-off with a footparade in the morning and a fellowship dinner later in the evening.

Keynote speaker was campus Academic Head Dr. Marvin Recapente, who comprehensively shared to students the benefits of ASEAN Integration.

The theme of this year's acquaintance party was "Bringing as One Towards ASEAN Integration."